



## Code of Conduct Policy

### **PARENTS AND SPECTATORS CODE OF CONDUCT**

1. Abide by all Pahran Rhythmic Gymnastics Specialist Centre (PRGSC), Gymnastics Victoria (GV) and Gymnastics Australia (GA) codes of conduct, codes of ethics, rules, policies and procedures.
2. Actively support all efforts to create a child safe culture and remove verbal and physical abuse from sporting activities.
3. Refrain from any form of discrimination, harassment, bullying, abuse, intimidation, victimisation or vilification of others, including bias of age, race, gender, disability, sexuality, gender identity or religion.
4. Remember that children participate in gymnastics for their enjoyment, not yours. Ensure children are involved and continue in the sport for their personal enjoyment and not the expectation of others.
5. Treat everyone in our sport in a considerate, respectful, objective and courteous manner with a proper regard for their rights, dignity and worth.
6. Show appreciation for volunteers, coaches, judges, and officials.
7. Be a positive role model by displaying discipline, respect, care and diligence towards your child's teammates, coach, other staff, and all others involved in our sport.
8. Ensure both you and your child demonstrates good sportsmanship in all situations and to all individuals continuously.
9. Respect (and encourage your child to respect) decisions made by management, coaches, officials and judges both internally and externally to PRG.
10. Trust and respect the process, knowledge and direction of the coaching team.
11. Encourage children to participate, do not force them. Appreciate all good performances and skills.



12. Focus on the child's efforts and performance rather than medals and scores. Never ridicule or yell at a child for making a mistake or not completing a skill.
13. Do not criticise your child or any other gymnast in a public environment (reserve appropriate constructive criticism for a private setting). Leave any performance-based criticism to your child's coach.
14. Respect the sensibilities of others by using non offensive language.
15. At competitions, due to privacy reasons, only photograph or video your own child (or another child if you have permission from their parent). Please refrain from photographing/videoing other clubs' gymnasts.
16. At competitions, all photography and videoing of routines should be from the spectator area.
17. At competitions, remain in the allocated spectator area, do not approach the mat, and competition floor, do not coach your child from the side-lines, and never approach a judge or a coach who is at the mat and competition floor.
18. Listen to instructions given by coaches, floor manager or other event officials.
19. Raise any issues or concerns in a private and appropriate manner to the relevant coach or staff member. If you have a question, concern or complaints, follow appropriate channels as per the PRG grievance policy & procedure.
20. Ensure all communication (written and verbal) displays respect, care and positive intent.
21. Respect the club's policy of an independent gymnast training environment (except during open weeks, competitions and invited activities) to allow your child's independence to flourish and allow them the best chance of success in the sport.
22. Do not engage in any filming, recording, photography or use of mobile phones in change-rooms at PRGSC or any gymnastics event where permission is not granted.
23. If filming, recording, and / or photographing at training (during open weeks) or competitions, and intending to post on social media, please ensure that you have



sought permission from any other parents/guardians of children other than your own if they are visible in the footage.

24. Report to the Club Administrator, Head Coach or Committee of Management, any form of misconduct or inappropriate behaviour/treatment that you may witness.
25. Never partake in behaviour that could harm the reputation of PRG or the sport of rhythmic gymnastics.



### **GYMNAST CODE OF CONDUCT**

1. Participate for your own enjoyment and do your best, not just to please others.
2. Behave with respect and consideration towards your coaches at all times.
3. Treat everyone in our sport in a considerate, respectful, objective, and courteous manner with a proper regard for their rights, dignity and worth.
4. Be a positive role model by displaying discipline, respect, care and diligence towards your teammates, coaches, other PRG staff, and all others involved in our sport.
5. Ensure that all squad members feel included and part of the team  
Never use offensive or belittling language.
6. Ensure good sportsmanship is continuously displayed in all situations and to all individuals.
7. Show respect to and acknowledge opponents and officials (eg. shake hands, wish good luck and thank the judges/officials).
8. Wear appropriate club uniform, leotard and tracksuit at all events and comply with hair and jewellery regulations.
9. Respect decisions made by management, coaches, officials and judges both internally and externally to PRG.
10. Trust and respect the knowledge and direction of the coaching team.
11. Never criticise judges or officials – express all concerns to your coach.
12. Accept all scores and decisions with good grace and good sportsmanship.
13. Do not touch or use other individuals' property at PRG or at any gymnastics events without permission.
14. Do not engage in any filming, recording, photography or use of mobile phones in change-rooms at PRGSC or any gymnastics event where permission is not granted.
15. Report any form of misconduct of inappropriate behaviour/treatment to a PRG staff member or the PRG Child Safety Representative.



### **Officials and Administrators**

1. Emphasise participation and doing your best, not just the result.
2. Compliment and encourage all participants.
3. Use positive terms in preference to negative feedback.
4. Create opportunities for participants to learn appropriate sports behaviour as well as skills.
5. Be consistent, objective, and courteous when making decisions.
6. Condemn unsporting behaviour and promote respect for all participants.
7. Promote a culturally tolerant environment. Respect the rights, dignity and worth of all participants regardless of their ability, cultural background, or religion.
8. Keep up to date with the rules and systems of the sport.
9. Help young people understand their responsibilities.
10. Encourage gymnasts to participate in coaching & judging as well as competing.
11. Ensure that the types of programs, rules, and training suit the age, ability, and maturity level of young athletes.
12. Operate within the rules and spirit of the sport and teach your athletes to do the same.
13. Be polite and courteous to all officials and volunteers.
14. Ensure that any physical contact with a young person is appropriate to the situation and development of that athlete.
15. Listen to your athletes and ensure that the time they spend with you is a positive experience.
16. Implement policy and practices (and lead by example) in relation to responsible use of alcohol and in relation to recreational and performance enhancing drugs.
17. Respect the sensibilities of others by using non offensive language.
18. Be constantly alert and aware of the safety of the participants and implement necessary procedures. Place the safety and welfare of the participants above all else.



19. Ensure that equipment and facilities meet safety standards and are appropriate to the ability of the athletes.
20. Be familiar with, know your role, and carry out to the best of your ability.
21. Provide quality supervision and coaching for juniors and ensure volunteers are adequately trained.