

Prahran Rhythmic Gymnastics Timetable

Term 3 - 2023



Squads	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Beginners						2.00pm - 3.00pm
Beginners Extension			4.00pm - 5.00pm			1.30pm - 3.00pm
Levels 1 & 2			4.30pm - 6.30pm (Caulfield)			3.00pm - 5.00pm (Prahran)
Levels 3		4.00pm - 7.00pm		4.00pm - 7.00pm		3.00pm - 6.00pm
Levels 5 & 6		4.00pm - 7.00pm		4.00pm - 7.00pm		3.00pm - 6.00pm
Levels 7, 8 & 9	4.00pm - 8.00pm	4.30pm - 8.30pm		4.30pm - 8.30pm	4.00pm - 8.00pm	8.00am -12.00pm
Pre-Development /	4.15pm - 7.15 pm (Caulfield)		4.00pm - 7.00pm (Prahran)		4.00pm - 7.00pm (Prahran)	12.00pm - 3.00 pm (Prahran)
Sub-Junior / Pre-Junior	4.00pm - 7.30pm / 8.00pm		4.00pm - 7.30pm / 8.00 pm	4.00pm - 7.00pm / 8.00 pm	4.00pm - 8.00pm	9.30am - 1.30 pm
Seniors / Juniors / Level	4.00pm - 8.00pm	7.00am - 10.00am	4.00pm - 8.00pm	7.00am - 10.00am	4.00pm - 8.00pm	9.30am - 1.30 pm

Other Classes	Pilates	Ballet	Ballet
	4.00pm - 5.00pm (Snr / Jnr / L10 Sub-jnr/ Pre-jnr)	4.00pm - 5.00pm (Snr / Jnr / L10 Sub-jnr/ Pre-jnr)	9.30am - 10.30am (Snr / Jnr / L10 / Sub-jnr / Pre-jnr)
	5.00pm - 6.00pm (L7 - 9)	5.00pm - 5.30pm Dev/Pre-Development	11.00am -12.00pm (L7 - 9)
			12.00pm - 1.00 pm (Dev/Pre-Development))